

pudding Lemon, Orange, Strawberry

By: David Johnson

- 1.5 cups Heavy Whipping cream
- 2.5 cups Cold Water
- 0.3 oz Jello Sugar Free Lemon
- 1 oz Jello Zero Sugar Cheesecake Pudding
- ¼ pkg Kool-Aid Unsweetened Drink Mix Lemon
- 8 oz Philadelphia Cream cheese



(NOTE: Substitute Orange or Strawberry for Lemon above as desired)

- Combine Heavy Whipping Cream and Water in large mixing bowl.
- Mix dry ingredients and add to bowl.
- Use hand mixer to mix thoroughly.
- Add Philadelphia Cream Cheese.
- Mix until Philadelphia cream cheese is well incorporated (no lumps).
- Makes 8 – 6 ounce servings.
- Per 6 oz serving: 267 calories, 6 Carbs, 0.125 gr sugar